

Be Well™ Beaumont

Building a healthier community together



Be Well™ Beaumont aims to mobilize the community to promote wellness and stop cancer before it starts.

We need your help to create an initiative that will carry out **community-led solutions** that will make **positive, long-lasting changes** in people's lives.

PROJECTS MAY INCLUDE:

- Expanding **exercise programs** for all ages
- Increasing access to fresh, **healthy food**
- Improving outdoor spaces, including sidewalks, parks and schools
- Building shaded, **sun-safe places**
- Promoting **tobacco-free living**



**TOGETHER, WE CAN BUILD A
HEALTHIER BEAUMONT.**

SIGN UP TO GET INVOLVED:
rebrand.ly/BeWellBeaumont